

# OCTOBER

2018



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Early Bird Sand or Muffin & Yogurt Fruit, Juice, Milk 1

Chicken n Biscuit or Strudel & Cheese Stick Fruit, Juice, Milk 2

Biscuit, Gravy, Eggs, Bacon or Cereal & Toast Fruit, Juice, Milk 3

Kolache & Yogurt or Crackers & Cheese Fruit, Juice, Milk 4

Biscuit & Sausage or Cereal & Toast Fruit, Juice, Milk 5

Pancakes & Bacon or Muffin & Yogurt Fruit, Juice, Milk 8

Sunrise Sand or PB&J Fruit, Juice, Milk 9

Monte Cristo Sand or Muffin & Yogurt Fruit, Juice, Milk 10

Oatmeal & Cinnamon Toast or PB&J Fruit, Juice, Milk 11

Breakfast Burrito or Muffin & Yogurt Fruit, Juice, Milk 12

Kolache & Yogurt or Cereal & Toast Fruit, Juice, Milk 15

Breakfast Taquito or Cereal & Yogurt Fruit, Juice, Milk 16

Waffles & Sausage or Breakfast Parfait Fruit, Juice, Milk 17

Breakfast Pizza or Cereal & Yogurt Fruit, Juice, Milk 18

NO SCHOOL 19

Pancakes & Sausage or Muffin & Yogurt Fruit, Juice, Milk 22

Breakfast Burrito or PB&J Fruit, Juice, Milk 23

Biscuit, Gravy, Eggs, Bacon or Cereal & Toast Fruit, Juice, Milk 24

Kolache & Yogurt or Crackers & Cheese Fruit, Juice, Milk 25

Morning Griddle Sand or Muffin & Yogurt Fruit, Juice, Milk 26

Waffles & Bacon or Cereal & Toast Fruit, Juice, Milk 29

Cinnamon Roll & Sausage or Strudel & Cheese Fruit, Juice, Milk 30

Breakfast Pizza or Breakfast Parfait Fruit, Juice, Milk 31

NATIONAL FARM TO SCHOOL MONTH

GOOD EATS AT

BREAKFAST MENU

SPECIAL ANNOUNCEMENTS

NATIONAL SCHOOL LUNCH WEEK OCTOBER 15-19 SquareMeals.org/nslw

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Taquitos, Beans, Corn, Salsa, Fruit & Milk 1

Ranchero Wrap, Veggie Cup, Fruit, Milk 2

Chicken Nuggets, Mac & Cheese, Green Beans, Salad, Strawberries, Milk 3

Pizza, Salad, Tomatoes, Fruity Gelatin, Milk 4

Frito Pie, Cucumber Slices, Carrots, Cinnamon Applesauce, Cookie, Milk 5

Philly Cheesesteak Sand, Mashed Potatoes, Carrot Coins, Strawberries & Bananas, Milk 8

French Bread Pizza, Salad, Mixed Veggies, Fruit, Vanilla Pudding, Milk 9

Boneless Chicken Wings, Sliced cucumbers, Carrots, Oranges, Brownie, Milk 10

Mexican Combo Plate, Corn, Beans, Salsa, Fruit, Milk 11

Sloppy Joe, Broccoli, Oven Fries, Peaches, Milk 12

Breaded Drumstick, Carrots, Corn, Grapes, Cookie, Milk 15

Crispy Tacos, Veggie Cup, Beans, Salsa, Oranges, Milk 16

Lasagna, Salad, Roll, Pears, Milk 17

Hamburger, Oven Fries, Carrots, Snowball Salad, Milk 18

NO SCHOOL 19

Oven Roasted Chicken, Broccoli, Baked Beans, Apple-Pineapple Delight, Milk 22

Nachos Grande, Tomato Cup, Cucumber Slices, Peaches, Lime Sherbet, Milk 23

X-Treme Burrito, Salsa, Corn, Veggie Cup, Mandarin Oranges, Milk 24

Hamburger Steak, Brown Gravy, Biscuit, Roasted Potatoes, Fruity Gelatin, Milk 25

Ham & Cheese Sand, Carrots, Broccoli Salad, Fruit, Brownie, Milk 26

Meatloaf, Mashed Potatoes, Okra, Roll, Strawberries, Milk 29

Meat & Cheese Chalupas, Salsa, Cucumbers, Beans, Rosy Applesauce, Milk 30

Chicken Tenders, Biscuit, Gravy, Broccoli, Sweet Potato Fries, Fruit, Rice Krispy, Milk 31

NATIONAL FARM TO SCHOOL MONTH

GOOD EATS AT

LUNCH MENU

SPECIAL ANNOUNCEMENTS

NATIONAL SCHOOL LUNCH WEEK OCTOBER 15-19 SquareMeals.org/nslw

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